

# Statements by Members of the Women's Parliamentary Caucus in commemoration of International Women's Day 2026

## **Chairperson of the Women's Parliamentary Caucus, Hon. Audrey Vidot**

There is a timeless truth woven into the fabric of every strong community in the Seychelles and every meaningful success. Seychellois women rise by lifting others. The principle of "give to gain" reminds us that true prosperity does not begin with what we receive, but with what we are willing to give.

When we give our time, our knowledge, our compassion, we set in motion a powerful cycle of positive change. Generosity builds trust, strengthens relationships, and opens doors that force alone can never unlock. When we help others grow, we do not lose anything. In fact, we expand our own capacity, our understanding, and our impact.

To give is not to diminish ourselves, it is to invest in a future where everyone can thrive. It is to choose abundance over scarcity, purpose over pride, and shared progress over isolated achievement.

So let us, Women of today give generously, give kindness, give mentorship, give encouragement and finally give opportunities. Because in the end, what we give shapes who we become, and it is through giving that we women gain the most.

HAPPY INTERNATIONAL WOMEN'S DAY!

## **Vice-Chairperson of the Women's Parliamentary Caucus, Hon. Denise Clarisse**

When women give their strength, wisdom, and love, the world gains hope, progress, and peace.

## **Member of the Women's Parliamentary Caucus, and Living Kidney Donor, Hon. Sandra Sultan**

On this International Women's Day, I celebrate the strength, compassion, and courage that women carry every day. Donating a kidney taught me that our greatest power lies not in what we keep, but in what we give.

Today, I want to raise awareness about organ donation—an act that can give someone a second chance at life. Many people are still waiting for that chance, and a single decision can change a family's world forever.

To all women: your kindness, resilience, and willingness to uplift others are forces that can save lives. Let us continue to lead with empathy, break barriers, and inspire hope wherever we go.

Happy Women's Day. Let's celebrate life, strength, and the ability to make a difference

**Member of the Women's Parliamentary Caucus, Hon. Sylvanne Lemiel**

Today, we celebrate the remarkable strength, wisdom, and grace of women - the mothers who anchor our families, the professionals who drive our progress, the young girls who dream boldly, and the women all over the world and across our islands whose contributions shape the soul of the nation.

In Seychelles, women have always played a vital role in building our communities, protecting our environment, nurturing our culture, and guiding generations toward a brighter future. Their resilience mirrors the beauty of our islands - strong, enduring, and full of promise.

As we honour this day, may we continue to lift each other higher, open doors of opportunity, and nurture a society where every woman and girl in Seychelles can rise without limits, lead with confidence, and shine in her own unique way.

To all Seychellois women: your courage inspires us, your achievements uplift us, and your dreams light the way forward for our Country.

Happy International Women's Day 2026!

**Member of the Women's Parliamentary Caucus, Hon. Valdana Sultan**

Lifting one woman is a step towards uplifting the world. Be a woman who gives, so that the world wins.

Happy International Women's Day 2026!

**Member of the Women's Parliamentary Caucus, Hon. Claudette Louise**

As we celebrate this year's International Women's Day, let us be reminded that when a women uplift each other by giving their support, respect, and

shared opportunities; every woman grows, empowered and as a result the country gain stronger citizens.

**Member of the Women’s Parliamentary Caucus, Hon. Cecile Larsen**

On this International Women’s Day, let us embrace the spirit of “*Give To Gain*” by supporting, uplifting, and empowering the women around us. “*Give To Gain*” reminds us that by investing in women, sharing opportunities, encouragement, and support with women and girls, we build stronger communities, we strengthen our families, our communities, and our nation.

In Au Cap, let us celebrate the strength of our women by giving support, respect, and opportunity - because when we all give, we all gain.

**Member of the Women’s Parliamentary Caucus, Hon. Nelsia Balisa-Lepathy**

Women, remember that your strength is not measured by how much you can carry alone, but by how boldly you rise, how proudly you stand, and how deeply you support one another. Each of us is powerful on our own, but together, we are unstoppable.

*Annou kontinyen siporte e elev kanmarad , annou selebre lakonplisman e reste ini dan nenport ki difikilte ki nou pas atraver.*

Let’s choose courage over fear, purpose over doubt, and sisterhood over silence. Keep shining, keep striving, and keep believing in the greatness within you.